



1st Shipley Scout Group (Windhill)



Group Scout Leader
James Stannett – 07966364552
Assistant Group Scout Leader
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www.1stshipleyscouts.org

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Dear Parents,

23 June 2015

I've summarised all the relevant information that you may need ahead of our trip to Kandersteg. If you have any questions or concerns, please get in touch.

Medical forms

Attached is a copy of your child's medical form that we hold on group records. Please review the information and send a revised copy back with any changes. There will be a chance to review this when you drop them off on 8 August at Leeds Bradford Airport.

Kit

Please find attached a final kit list. It's really important that they come with all of these items. Please let me know if any items are going to be a problem to get hold of and we'll see what we can do to help. All kit should be packed in the group hold-all that will be handed out on 17 July with the luggage label we will also give out.

Day sacks should be packed with items that are shown on the kit list including food for lunch and dinner. Supper will be provided on arrival at Kandersteg but this is not going to be until 21:00. If you would rather send your child with one meal and some money (£) to get food in Heathrow that is OK too but please make sure they have the means to feed themselves twice on the journey.

ANY liquids that need to be carried in hand luggage need to be placed in the clear plastic bag we will provide and packed in an accessible place for ease of transit through airport security. Your empty water bottle will not need to be packed in a clear bag.

Please do not forget to pack the food we'll be asking you to take as we have planned menus around these items being available.

Spending money

Spending money is suggested at £40-£60. Any extra payment made over £600 will be treated as spending money so please feel free to 'overpay' up to this amount.



Follow us on Twitter @1stShipley

We will convert any spending money into Swiss Francs on about 1 August and keep in a camp bank. If you would rather convert the money yourself and send it along on 8 August please hand it in to Lee Farrow who will add it to the bank.

Any money left over will be changed back into £'s and paid back on the first Tuesday back after term. Please let me know if you do not want the money back in £'s and I will make sure you get the Swiss Francs back.

Drop off at Leeds Bradford Airport

We will meet at Leeds Bradford Airport at 07:30 on Saturday 8 August. We will meet at the Domestic Departures Entrance. Please note, there is a charge for cars to access the drop off parking area outside the terminal building of Leeds Bradford. There is a free drop off area for up to 1 hour about a 5 minute walk away from the terminal building.

On arrival at the terminal, please see Lee Farrow for one last check of the medical forms we have on file and to hand in any spending money. Any medicine that is needed on the journey should be kept by your Child. Please remember the procedure for liquids.

Flight details

We are travelling on the following flights;

Flight number	From/to	Dept/Arr
BA1341	Leeds Bradford - Heathrow	09:30/10:40
BA0716	Heathrow - Zurich	13:40/16:20
BA0711	Zurich - Heathrow	10:25/11:15
BA1342	Heathrow – Leeds Bradford	14:05/15:05

On our return to the UK we will send texts to advise of any known delays.

Train details

On arrival at Zurich we will be travelling by train to Kandersteg. Our planned timetable is as follows;

From/to	Dept/Arr
Zurich Airport –Kandersteg (via Bern)	18:13/21:41
Kandersteg -Zurich Airport (via Frutigen)	05:54/08:16

At Kandersteg

The full address and contact info for Kandersteg International Scout Centre is;

Kandersteg International Scout Centre
Wagetiweg 7
CH-3718

Tel : +41-33-675-8282

There will be opportunities for them to contact you throughout the week as we have pay phones and an Internet café on site but we will be updating you on how we are getting on through our Twitter account @1stshipley.

Andrew and I will have our mobile phones throughout the week but should you need to contact us you should do this via our home contact, James Stannett who can be contacted on 07966364552.

Arriving back at Leeds Bradford Airport

We will arrive back through International Arrivals. Please do not leave with your child until you have spoken to a leader.

Returning group equipment

Please bring back the sleeping bag liner and hold-all back to the first Tuesday of term.

As always, if you have any questions, please let me know.

Yours in Scouting

A handwritten signature in black ink that reads "Lee Farrow". The signature is written in a cursive, slightly slanted style.

Lee Farrow

1st Shipley KISC 2015 Kit List

Travel dress code

Top half – Full uniform with International necker

Bottom half – comfortable clothing

Footwear – suggest hiking boots (as they take up most space in holdall!)

In Holdall

Clothing	<ul style="list-style-type: none"> Enough for duration of camp. A number of layers are warmer than one thick one and the warmth can be regulated more easily. Pack for changeable weather conditions - a mixture of T-shirt & shorts and trousers and jumper/fleece. Must include a pair of walking trousers - jeans must not be worn on the overnight hike Underwear including some comfortable walking socks - wool is best 1st Shipley Kandersteg Polo Shirt, Group necker
Hiking boots	They are vital and should be in good condition - Trainers or shoes with no ankle protection are not acceptable for the overnight hike If you don't wear a decent pair, your feet will let you know!
Spare Shoes	Comfortable day to day shoes – trainers etc.
Indoor Shoes	Flip flops, slippers etc. for wearing whilst in the accommodation
Waterproof jacket and waterproof trousers	This is important as we can't predict the weather!
Nightwear	It is important that day clothes are not worn at night
A pair of gloves or mittens and a warm hat	It may get cold on the overnight hike
Towels	Hand for general use and bath towel for showers & swimming etc.
Wash kit	Flannel, soap, toothpaste, toothbrush, deodorant etc. Keep in a waterproof bag.
Swimming kit	Trunks/costume
Sun protection	Sun hat, sunglasses, sun cream (at least factor 15) and lip salve.
Several spare black sacks	For dirty washing/boots
Small Torch and spare batteries	It will be very dark on site at night and also at the mountain hut on the overnight hike.
Camera	Do record your holiday if you have a camera. Expensive cameras are, however, not recommended.
Sleeping Bag liner	This will be provided by the group at the end of term
Pen/pencil and diary	
Food	Any food items you have been asked to bring by the group – some personal sweets/snacks are permitted

In carry on luggage (Lightweight and water resistant Rucksack)

- Lunch & dinner for journey – must be in a named, reusable Lunch Box for day trips and overnight hike
- Empty Water bottle** – this is really important as we'll need this for day trips/overnight hikes
- Medication that may be needed on journey – will be each child's responsibility during the journey
- Magazine/comic/books/travel games for journey – please do not send expensive electrical items

All items should be named to avoid confusion